



FULLY COOKED



SIMPLY GOOD SEAFOOD

# Fully Cooked Seafood

## Heat & Serve

American Pride Seafoods' line of Fully Cooked breaded and battered products were created specifically for super quick microwave, flat grill, deep fry, or oven heating from frozen or refrigerated storage. Fully cooked means that the fish portions are cooked all the way through, unlike precooked which simply means that they are blanched for a matter of seconds in hot oil to set the batter and crisp the coating, but not cook the fish.

These fish portions maintain a 10-day refrigerated shelf life and are perfect for cafeterias, vending, portion control meal systems, and mobile catering. With the ability to heat from a frozen or thawed state, our Fully Cooked products provide consumers access to delicious seafood in any arena. Their golden, crisp coating, ease of preparation, and uncompromising quality will have diners coming back again and again!

Re-think the way you do seafood. We did.



### Key Segments

Convenience Store  
Retail  
Hot Deli  
Cafeteria  
Business & Industry  
Vending  
Mobile Catering

### Features & Benefits

- 10-day refrigerated shelf life
- Lightly seasoned batter and/or Japanese bread crumbs
- Can be heated from frozen or thawed state
- Microwave and Flat Grill preparation as well as traditional cook methods including deep fry and oven ready

Item Code	Approx. Size	Description	Cook Method	Pack	Cube Size	Approx. Pcs Per Case	Nt. Weight Per Case	UPC
<b>BREADED</b>								
23200	2 oz.	Breaded AK Pollock Square	All	1/10#	0.52	80	10#	10070737232002
23251	2.5 oz.	Breaded Gourmet AK Pollock Square	All	1/10#	0.52	64	10#	10070737232514
23253	2.5 oz.	Breaded Gourmet AK Pollock Square	All	1/30#	1.20	192	30#	10070737232538
23254	2.5 oz.	Spicy Breaded AK Pollock Square	All	1/30#	1.20	192	30#	10070737232545
23252	3 oz.	Breaded AK Pollock Square	All	1/10#	0.52	53	10#	10070737232521
<b>BATTERED</b>								
63150	1.5 oz.	Battered AK Pollock Wedge	All	1/25#	0.96	266	25#	10070737631508

**Not all items listed are guaranteed to be in stock at present. Contact American Pride Seafoods before ordering samples.**

Servings per case can vary. Product is sold by case weight.

Nutritional information available upon request.



**American Pride Seafoods**

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